



## Become Unstoppable in Achieving Your Goals

Do you have hopes and dreams that you would love to achieve? Do they always seem just a little out of reach? Do you know where you want to go, but struggle with how to get there? It's time to start living those dreams now! With the step-by-step system, you will become unstoppable in achieving your most important goals.

**Step #1:** Visualize clearly what you want. Picture your goal in vivid detail. Vague goals can lead to procrastination and a loss of interest in pursuing them. Absolute clarity is extremely important. Your motivation and enthusiasm depend on a clear and exciting image of what you want.

**Step #2:** Write your goal down as if it has already happened. Be as specific and detailed as possible because this is the work order for your subconscious mind. Putting your goal in writing transforms it from merely a wish or a fantasy into a concrete, tangible form that you can touch and see.

**Step #3:** Decide on a specific date for the completion of your goal. Without a deadline, there is no beginning or ending and no sense of urgency...and it becomes very easy to procrastinate. By establishing a deadline, you unleash your creativity and your commitment to your goal.

**Step #4:** Brainstorm and make a list of everything that you will need to do to achieve your goal. To keep yourself enthusiastic and energized, break any part of the plan that seems too difficult or overwhelming into smaller, more manageable tasks.

**Step #5:** Create a strategic action plan by organizing your "to do" list in order of importance and sequence. Decide what needs to be done first and what actions are most important.

**Step #6:** This is the most important step of all! Take action immediately. Do something **RIGHT NOW** that will move you in the direction of your goal. Don't wait until you have a perfect or brilliant plan, just get started!

**Step #7:** Take a step—no matter how small—each and every day that takes you closer to your dream. Everyday schedule a specific block of time, decide to make a specific number of phone calls, or commit to write a specific number of pages to achieve your goal.

Focus on what you want and how to achieve it. Then commit to relentlessly working toward your goal...and you will become unstoppable in transforming your dreams into reality!

*"Go confidently in the direction of your dreams! Live the life you've imagined."  
-Thoreau*