



Secrets To Being Happier

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Unleash Your Greatest Potential

Is there something you would love to do but hold yourself back by thinking, “How could I possibly compete with others?” Do you have a book to write, a picture to paint, or a song to sing, but you stop yourself from doing it because you imagine that someone else could do it better? Isn’t it time to unleash your greatness and be the best you can be?

One of the ways you can hold yourself back from living the life of your dreams and becoming wildly happy and successful is by comparing yourself to others. In this competitive world, it’s easy to get caught up trying to attain some illusive ideal. But the minute you start judging yourself by others’ standards, you lose sight of the one thing that makes you so special—your uniqueness!

Do you have any idea how exceptional and rare you are?

- The probability of another person being genetically just like you is so small that it is inconceivable.
- There never was and never will be anyone just like you.
- You are a universal premier with your own distinct talents, perceptions and gifts—you are truly one-of-a-kind!

On a small card, write the words, “I am a gift to the world just by being ME! I have a meaningful and worthwhile contribution to make that no one else can!” Carry this card with you and read the words aloud to yourself every morning, every evening, and every time you start to compare your extraordinary self to anyone else. Then, throw yourself into life as someone who makes a difference!

The next time you start to diminish your own greatness by comparing your one-of-a-kind self to anyone else, STOP and remind yourself that you are valuable beyond compare. Unleash all your potential and your greatness by letting your own unique, extraordinary self shine!

Don’t ask yourself what the world needs; ask yourself what makes you come alive. And then go and do that. Because what the world needs is people who have come alive.

Harold Whitman